Let us know you're interested!

Visit our website or email
CMS.CommunityHealth@rosalindfranklin.edu
with questions or for more information.



rfu.ms/mini-med

The CMS Mini Medical School is supported by the MolinaCares Foundation and the CPASS Foundation.

ROSALIND FRANKLIN UNIVERSITY of MEDICINE AND SCIENCE

CHICAGO MEDICAL SCHOOL

MINI MEDICAL SCHOOL

PARENT/HERO ACADEMY

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LIFE *in* DISCOVERY



Mini Medical School and Parent/Hero Academy

The **Mini Medical School** (MMS) at Rosalind Franklin University (RFU) is an exciting opportunity for young learners and their families to discover the world of medicine together. This free program is available to 4th–8th grade students from North Chicago and surrounding communities.

While the kids are busy with MMS, the adults in their lives can enroll in the **Parent/Hero Academy**, a program specifically designed to empower adults with the knowledge, skills and resources to support their children's academic and career pursuits.

All MMS and PHA activities are organized and presented by Chicago Medical School (CMS) students and faculty on RFU's campus. Engaging, hands-on experiences introduce young learners to the same concepts medical students study, presented at an age-appropriate and accessible level.

Activities are held from 9 a.m.–1 p.m. on eight Saturdays between September and February. Registration opens in August — join our mailing list to get notifications.

The Mini Medical School Experience

The program kicks off with a **White Coat Ceremony**, where students receive their lab coats and pledge curiosity, kindness and a commitment to learning. This tradition mirrors a medical school's annual ceremony, symbolizing the official start of their medical journey.

Year 1: Foundations of Medicine

Introduces students to essential organ systems, including the Cardiovascular, Pulmonary, Musculoskeletal, Gastrointestinal, Immune and Neurological (Brain and Mental Health) systems.

Students engage in:

- **Anatomy and Physiology:** Interactive organ system explorations.
- **Hands-On Labs:** Experiments and interactive technology stations.
- **Mentorship:** Career panels and healthcare role-model sessions.
- **Home Extensions:** Take-home activities to reinforce classroom learning.

Year 2: Advanced Science and Application

Designed for returning students who are ready for advanced science and application. Classes emphasize critical thinking and scientific discovery of the organ systems introduced in year 1.

Students engage in:

- **Advanced Lab Work:** Experiments guided by clinical principles.
- **STEMM Integration:** Engaging interactive lessons in chemistry and math.
- **Collaboration:** Community-building circles and team-based problem-solving.
- **Capstone Science Fair:** Students research a disease of their choice throughout the year and present a poster at the final Science Fair.

Parent/Hero Academy

Parents and the adult "heroes" in a child's life — including caregivers, coaches and teachers — have a key role to play in helping children stay engaged with learning and career exploration. Parent/Hero Academy (PHA) runs alongside student sessions, empowering parents and guardians with tools to support their children's academic and personal growth.

What you'll gain:

- **Expert Guidance:** Sessions on early STEMM, financial literacy, mental wellness and career navigation.
- **Parent-Student Alignment:** MMS content overviews so you can support your student's learning.
- **Practical Skills and Networking:** CPR training and entry to our Healthcare Career Fair.

